


Weakley County School Nutrition Program: Martin Middle School August 2017 Menu

Choice of 1% or fat free milk offered daily

Monday	Tuesday	Wednesday	Thursday	Friday
	8 Cereal Cheeseburger Grilled Chicken Wrap Lettuce, Tomato, Pickles, Onion Baked Beans Fries Apples	9 Chicken Slider Deli Sub Philly Sub Lettuce, Tomato, Pickles Vegetable Soup Fresh Side Salad Oranges	10 UBR Rounds Asian Chicken Beef Dippers Asian Rice Stir Fry Vegetables Baby Carrots with dip Peaches	11 Sausage and Biscuit Rib Sandwich Chicken Philly Macaroni and Cheese (side) Fresh Side Salad Sweet Potato Variety Pineapple
	14 Donut Chicken Sandwich Chuckwagon Sandwich Lettuce, Tomato, Pickles Cauliflower & Cherry Tomato w/dip Fries Peaches	15 Muffins Lasagna Popcorn Chicken Hot Roll Glazed Carrots Green Beans Mandarin Oranges	16 Sausage, Egg, Cheese Slider Pollo Loco Chicken with cheese & Spanish rice Turkey Sandwich Lettuce, Tomato, Pickles Chips and Salsa and Sour Cream Fiesta Refried Beans Pineapple	17 Chicken Slider Sausage or Chicken Pattie Biscuit Gravy Tater tots Tomato slices Baked Apples
21 Pancake on a Stick Beef Nachos w/Nacho cheese Crisпитos w/Nacho cheese Salsa Potato Wedges Fresh Broccoli and Ranch Applesauce	22 Pop tart Pork Chopette w/ Hot Roll Frito Chili Pie Carrots w/dip Corn Tangerines	23 Frudel Bacon Cheeseburger Pimento and Cheese Sandwich Lettuce, Tomato, Pickles, Onion Fries Tropical Fruit	24 Yogurt/Snack Crackers Chicken or Cheese Quesadilla Traveling Taco Mexican Beans Spanish Rice Mexican Taco Trimmings Cantaloupe	25 Granola Bar Corndog Cheese Sticks with Marinara Celery and Cauliflower with Ranch Sweet Potato Variety Apples
28 Pillsbury French Toast Cheese or Sausage Pizza Chicken Salad on Ciabatta Bread Carrots w/dip Fresh Side Salad Blueberries & Strawberries	29 Sausage and Biscuit Poppy Seed Chicken or Country Fried Steak with gravy Mexican Cornbread Black-eye Peas Cabbage Pineapple	30 Chicken Slider Chicken Chips Meatloaf Roll Green Beans Mashed Potatoes and Gravy Mandarin Oranges	31 Cereal Bar Savory Pork Roast & gravy Fish Nuggets Cornbread Glazed Carrots White Beans Baked Apples	

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race,

color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at:

http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.