

**WEAKLEY COUNTY SCHOOL FOOD SERVICE  
BREAKFAST CYCLE MENU**

meat/meat k-3 1 1/2oz  
4-12 2 oz.  
fruit/veg 1/2 to 3/4 c  
grain/bread 1 serving  
milk 8 oz. (Milk offered daily)

Martin Middle School  
SEPTEMBER 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> <b>SAUSAGE &amp; BISCUIT</b>	<b>2</b> <b>BREAKFAST BAGEL</b>	<b>3</b> <b>YOGURT &amp; SNACK CRACKERS</b>
<b>6</b> <b>No School Labor Day</b>	<b>7</b> <b>BREAKFAST PIZZA</b>	<b>8</b> <b>CHICKEN &amp; BISCUIT</b>	<b>9</b> <b>SAUSAGE &amp; PANCAKE ON A STICK</b>	<b>10</b> <b>FRUDEL STICK</b>
<b>13</b> <b>YOGURT &amp; SNACK CRACKERS</b>	<b>14</b> <b>BREAKFAST BAGEL</b>	<b>15</b> <b>SAUSAGE &amp; BISCUIT</b>	<b>16</b> <b>BREAKFAST ROUND</b>	<b>17</b> <b>POP TARTS</b>
<b>20</b> <b>CRUNCH MANIA</b>	<b>21</b> <b>BREAKFAST PIZZA</b>	<b>22</b> <b>CHICKEN &amp; BISCUIT</b>	<b>23</b> <b>CHEESE STICKS</b>	<b>24</b> <b>MINI PANCAKES</b>
<b>27</b> <b>YOGURT &amp; SNACK CRACKERS</b>	<b>28</b> <b>BREAKFAST BAGEL</b>	<b>29</b> <b>SAUSAGE &amp; BISCUIT</b>	<b>30</b> <b>BREAKFAST ROUND</b>	

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